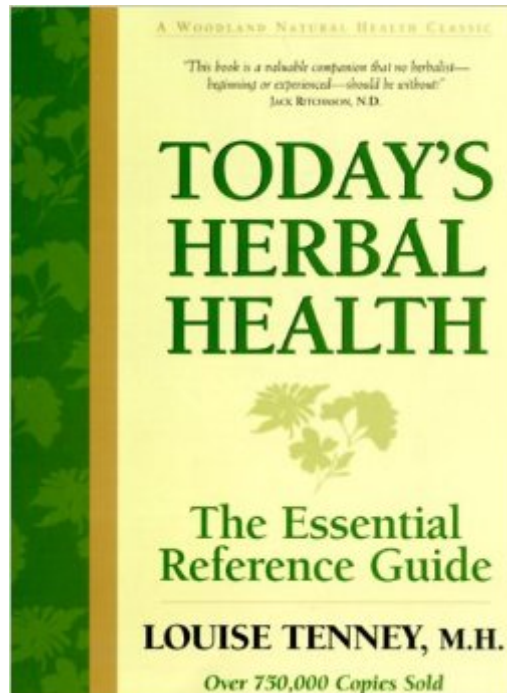


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# Today's Herbal Health: The Essential Reference Guide



## Synopsis

Louise Tenney's best-selling title TODAY'S HERBAL HEALTH is now bigger and better than ever in its sixth edition, with a completely new and comprehensive explanation of herbs and their healing properties. This new edition covers both single herbs and herbs used in combinations, with up-to-date information on nearly 200 herbs. It contains concise, comprehensive listings of herbs, ailments and body systems, and covers standard medical treatments with possible side effects. It's a classic that should be in every herbalist's reference library. (This edition is spiral-bound.) --This text refers to an alternate Spiral-bound edition.

## Book Information

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## Customer Reviews

I would have to say that more times than I care to count, I have gone to this book to look for information that just was not in my others. I am working on collecting as much reputable material as I can get my hands on. This one is definatly worth every penny I paid. I think that you would enjoy it if you are looking for a book that goes that extra mile to give you more information. I have only a few words for you, "Buy it, you won't regret it!" I love my copy.

This book has been instrumental to getting my family naturally healthy. It is not quite as complete as I would like, but it definitely is my go-to book when anyone is ill or if people ask me for advice for specific ailments. I purchased some herbs off after reading about them in this book, and they have done exactly as Louise wrote, so I know she knows what she's writing about. Definitely a wonderful book to introduce yourself to the world of herbal health. One thing I like is that the herbs are listed

alphabetically, and then in the back of the book the systems of the body and different ailments are listed along with combinations of herbs that are beneficial to putting yourself back into good health.

This book has HISTORICAL evidence .Most of the herbs listed, describe thousands of years of historical use.., Herbs for healing, AND NATURAL HELP . Herbs listed in this book are for hundreds of illness, AND MOST herbs ,are NATURAL products , 90% TROUBLE FREE.MUCH better then> PERScription drugs, that have 99% hurtful SIDE EFFECTS.IF we can get medical doctors who give patients "DRUGS" to STOP use of man-made products...( , and use NATURAL products ,instead ) .We would ALL live longer & in better health..This author has written other books that explain the difference of many drugs & herbs.

The best book by far that I have ever read on herbs. It covers every detail and every question you could wonder about. The book is a little over 400 pages long. Everything, a d I mean everything is in this book. I got the spiral bound instead of the hard cover because it is easier to use at a desk or on the kitchen counter. Make sure that when you can, pick this up as a treat for yourself, you will treasure it.

I've collected a small library of herb books over the years, and this is by far the one I reach for the most.

Most of the herbs listed ,are described as having been in use for thousands of years.( some even in Bible )Herbs of healing, and natural help/Herbs listed in this book are for hundreds of illness.Herbs are natural products,90% trouble free.Much better then prescription drugs, that have 99% side effects.If you use a Homeopathist who is a doctor , who uses homeopathy , it is safer then usinga regular M.D. > allopathic doctor , who uses prescription drugs, that have side effects.This author has written several helpful books , ( some comparing drug effects )Her herbal books have many historical herbs that have heavenly benefits.

This is a great reference book and use herbs so much. God gave plants to us and what He gives we should use to the best of our ability! Chemicals are man made. i don't have good luck with them at all. Elaine in TEXAS!

Very, very well researched, with simple remedies such as my Comanche ancestors passed down

my way. Check into the soybean/cancer remedies, for instance. Remedies work over time, not instantly. Bless you.

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